



## Rules and Waiver Form

*A signed Challenge Rules, Participant Acknowledgment of Risk and Waiver of Liability is required for all contestants in the Wealth for my Health Challenge. Without this completed acknowledgment and waiver, you are ineligible to participate or win.*

### **THE TERMS AND CONDITIONS:**

- As used in these materials, “we”, “us”, and “our” refers to Wealth for my Health, and “Challenge” refers to our Wealth for My Health Challenge.
- Before entering this challenge and beginning any health/wellness/fitness/weight loss program, consult your doctor or physician to determine if your health will allow you to participate.
- Winnings may be considered taxable income and the winner(s) should consult their tax advisor in determining any tax liabilities.
- IN THE EVENT OF A TIE, THE WINNINGS WILL BE SPLIT EQUALLY BETWEEN THE CONTESTANTS.
- IN THE EVENT NO PLAYERS LOSE ANY WEIGHT AND NO WINNER(S) CAN BE DECLARED THE ENTIRE CASH GRAND PRIZE WILL BE DONATED TO THE CHARITY OR CHARITIES OF OUR CHOICE.
- Any false entries or false representations will not be eligible. If for any reason this Challenge is not capable of running as planned, including, but not limited to, tampering, unauthorized intervention, fraud, or any other causes beyond our reasonable control which corrupt or affect the administration, security, fairness, integrity or proper conduct of the promotion, then we reserve the right at our sole discretion to cancel, terminate, modify or suspend the Challenge.
- We may prohibit an entrant from participating in the Challenge or winning a prize if, in our sole discretion, we determine that the entrant is attempting to undermine the legitimate operation of the Challenge by cheating, hacking, deception, or other unfair play practices or intending to annoy, abuse, threaten, or harass us, our Sponsors, or any other .
- We reserve the right in our sole discretion to modify or cancel all or any portions of the Challenge because of technical errors or malfunctions, viruses, hackers, or for other reasons that corrupt the Challenge in any manner. We also reserve the right in our sole discretion to disqualify any entrant who fails to comply with these Official Rules, who attempts to enter the Challenge in any manner or through any means other than as described in these Official Rules, or who attempts to disrupt the Challenge or to circumvent any of these.

### **Official Rules:**

1. Entrants agree to be bound by these Official Rules and by our decisions, which are final and binding in all respects. We reserve the right to change these Official Rules at any time, in our sole discretion, and to suspend or cancel the Challenge or any entrant's participation in the Contest should viruses, bugs, unauthorized human intervention or other causes beyond our control affect the administration, security or proper play of the Challenge or we otherwise become (as determined in our sole discretion) incapable of running the Challenge as planned.
2. Entrants who violate these Official Rules, tamper with the operation of the Challenge or engage in any conduct that is detrimental or unfair to us, our Sponsors, the Challenge or any other entrant (in each case as determined in our sole discretion) are subject to disqualification from entry into the Challenge and will not receive a refund of the contest fees. We reserve the right to lock out persons whose eligibility is in question or who have been disqualified or are otherwise ineligible to enter the Challenge.



## Rules and Waiver Form

3. If you have any questions about these Official Rules or the Challenge, please e-mail them to sara@wealthformyhealth.com. In the event this Challenge is cancelled prior to the stated end date, a notice will be sent to the s and all of the fees will be refunded.
4. We reserve the right to disqualify any for any reason; including game misconduct or suspicion of cheating, including engaging in unhealthy or unsafe weight loss practices.
5. I understand that unhealthy weight loss/health/fitness behaviors will not be tolerated and automatic disqualification will occur if I am found utilizing unhealthy weight loss products or practicing unsafe weight loss methods. Examples include, but are not limited to: diet pills, body wraps, dehydration, colonics, diet shakes, meal replacement shakes, purging, starvation, etc.
6. Contestants who quit or are disqualified from the challenge automatically forfeit the entry fee made to the competition. ***There are no refunds for leaving the challenge or for being disqualified and/or eliminated from the competition.***
7. By making payment and entering the game, you acknowledge that you have read and agree to the rules of the game set forth within this document.
8. I agree to pay the contestant fee. In the case that I am not selected for participation, I will be refunded the contestant fee. I understand that if I am selected for participation, the contestant fee in non-refundable under any circumstances.
9. I understand that if I am absent for any mandatory attendance weigh-ins I may be eliminated and/or disqualified, unless prior arrangements have been made. I understand that if I am going to miss a mandatory attendance date, I need to make arrangements PRIOR to the weigh-in date. Failure to do so can result in elimination and/or disqualification in which the Program Organizer will have sole discretion.
10. Participant understands that if they miss 5 or more weekly meetings they will be automatically disqualified from the challenge. Disqualified contestants are not permitted to attend weekly meetings, participate in challenge events, be recognized on the leaderbaord, website, or at the Grand Finale. For all intents and purposes, the participant is no longer acknowledged by the challenge. No refunds are made for disqualified participants.
11. Wealth for my Health makes no guarantee as to the trainers that participate in the challenge, and which team/trainer contestants will be placed. Wealth for my Health reserves the right to place contestants on teams at WFMH's discretion.
12. Once placed on a team, a contestant is not allowed to train with another trainer that is currently involved in the WFMH challenge. Switching of teams is not allowed unless the Program Organizer approves the change, or initiates the change. A written request is required if a contestant wishes to change teams.
13. Contestant understands that there are certain limitations and inaccuracies in regards to the tools used to measure weight, body fat and waist circumference. Wealth for my Health will, to the best of their abilities record the most accurate measures, but are limited to the accuracy of the tools used. WFMH reserves the right to not incorporate any of the three measures recorded if those measures are not deemed sufficiently accurate.
14. Participant understands that a positive attitude and willingness to follow the trainer's, dietitians, and doctor's advice will be important to achieving success in the challenge.
15. Participant understands that negative attitudes, hostile behaviors, and unsportsmanlike conduct will not be tolerated for any reason, and automatic disqualification will occur.
16. The participant allows Wealth for my Health to publically release information regarding my health status (includes but not limited to: percentage of weight lost, percentage of body fat lost, percentage of inches around the waist lost, lipid profile) to the public. Participant also releases all rights to any video



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and/or photo taken of themselves during the Wealth for my Health challenge. This also includes any written testimonies.

17. The participant agrees to participate, during the Wealth for my Health Challenge, in media events during which photos or videos may be taken, which will be used for marketing/business purposes. The participant waives any and all rights to his/her images. The participant also consents to the release of participant information, which includes but is not limited to fitness demographics (percentage of body fat, weight lost, age, etc.), which will be collected. This information is property of Wealth for my Health and may be used at its discretion for any challenge/marketing purposes.

18. Wealth for my Health reserves the right to share information provided by contestants to make referrals to other agencies/businesses.

19. The participant warrants he/she has read all contest rules available at [www.wealthformyhealth.com](http://www.wealthformyhealth.com) which are incorporated by reference.

20. The participant voluntarily agrees to participate in the health challenge and related activities during the course of the "Wealth for my Health Challenge." Individual requirements will vary, but the participant may adopt restrictions of diet, increased exercise, traveling to and from events, and stress from competition, all of which involve an inherent risk of bodily harm, including risk of serious injury, permanent disability or even death, and the severe social and economic losses which might result from health complications of participation. Further, there may be other risks not known or reasonably foreseeable at this time and that such risks are also assumed.

21. The participant also warrants he/she has met with a competent physician and warrants he/she was found fit to participate under the terms and conditions of the challenge as provided.

22. The participant authorizes the employees/independent contractors or volunteers of Wealth for my Health (LRC) and its sponsors to transfer participant to a hospital or seek emergency services in case of injury or suspected injury during the times participant is participating in any event sanctioned by Wealth for my Health.

23. The participant authorizes the attending physician at the hospital to administer necessary Emergency medical care to the participant upon his/her arrival at the hospital. The participant will accept all responsibility for the payment of any and all treatment provided therein including emergency rescue services.

24. The participant acknowledges that the completion of their beginning measurements and final measurements as scheduled on the calendar are required to be acknowledged at the Grand Finale. If no beginning or final measurements are taken, their profile will NOT be displayed at the Grand Finale.

25. Any winnings of the cash grand prizes and/or other cash/prizes will be paid and received within 30 calendar days of the completion of the challenge.

26. The participant has reviewed and understood all materials provided by Wealth for my Health Challenge, including Challenge Rules, and has voluntarily and knowingly assumed all risks for participation. The participant further understands this waiver of liability shall remain in effect through the duration of the contest.

27. In exchange for Wealth for my Health's allowing participant to participate in the Wealth for my Health Challenge, participant declares his/her signature below shall serve as a waiver for any and all claims, in law or equity, against Wealth for my Health; its officers and employees, independent contractors, volunteers, sponsors, and the agents thereof.

28. The participant has read and fully understood this acknowledgment and waiver, the nature of the risks, and release provisions contained herein, and relinquishment his/her rights knowingly and voluntarily



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Please sign and return this page to the Program Organizer at Orientation.

/s/ Sara Brown, President

Sara Brown, Founder  
Wealth for my Health  
sara@wealthformyhealth.com  
402.486.3793

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*Print Participant Name*

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*Signature of Participant*